Partner for Excellent Patient Outcomes (PEPO) Rounding

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### Background

- Pressure injuries can lead to lengthy hospital stays.
- Additionally, per Center of Medicare and Medical Services (CMS) guidelines, hospitals do not receive reimbursement when patients develop stage 3 or 4 pressure injuries during their hospital stay.
- On a critical care unit in an acute care hospital, the rate of Unit Acquired Pressure Injury (UAPI) cases was 6.03 per 1,000 patient days from January to September 2019.
- This was cause for concern for both the entire critical care team.

### Project Goal

- Goal of project was to decrease incidence of pressure injury occurrence on a critical care unit.

### Methods of Implementation

- Through a partnership and collaborative approach between critical care unit leadership, nursing staff, respiratory therapists, pharmacy, nutritionist, and the Wound care nurse; the following strategies were implemented beginning October 2019:
  - Enhanced interprofessional team awareness about UAPI versus skin failure.
  - Interprofessional collaborative rounding every shift.
  - Collaborative patient repositioning every two hours.
  - Consistent shift monitoring for compliance with pressure injury prevention initiatives.
  - Partner for Excellent Patient Outcomes (PEPO) “timeout” every Tuesday night by unit leadership focusing on Braden scores.
  - Interprofessional weekly collaborative rounding 2pm every Wednesday (PEPO Rounds) to review project initiative.

### Outcomes

- Post intervention beginning November 2019 to September 2020, UAPI rate dropped to 0.93 per 1,000 patient days, even during period of COVID 19 pandemic where 100% of critical care patients were severely ill, ventilated, and requiring multiple vasopressors, paralytic agents, and were on manual pronation.
- That represents an 84.6% reduction in UAPIs from the pre-intervention to the post-intervention period.
- Project findings solidify impact of PEPO rounding in reducing UAPI incidence in the unit.

### Discussion

- Working collaboratively in an interprofessional team targeting reduction of UAPIs has proven achievable.
- When care team members work together towards a common goal, success follows.
- This is the epitome of T.E.A.M. – Together Everyone Achieves More

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