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The Circulating Nurse’s Role in Decreasing Fear to Patient and Designated Family Member Prior to a Surgery Under Anesthesia

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Methods

• Researcher-developed questionnaires pre and post interview will include 75 patient and their 75 designated family members’ demographic personal information about decreasing fear of having surgery after implementing an evidence-based emotional support checklist.

• This evaluation research study is using a quasi-experimental pre/post single group design enabling information about perceptions of fear by the patient and his/her caregiver to be collected using a researcher-developed questionnaire (Figures 2 & 3).

• Patients’ and their designated family members’ responses will be compared with a score (1- 10) on the pre and post questionnaire that will be given related to an evidence-based emotional support checklist used by the circulating nurses.

Results

Pending data collection with an expected completion by July, 2017.

Implications for Practice

• Results of this study could be used show how nurses significantly and positively influence pre-operatively in the well-being of patients and designed family members.

• By using the checklist the circulating nurses should have adequate knowledge, skills and a positive attitude to be able to help patients and family members to move forward on the journey through surgery.

Evidence-based Emotional Support Surgical Checklist

Literature reviews have identified areas where empathy, active listening, good communication and emotional support are decreasing fear in patient and family members, for this reason they have all been implemented in the checklist used in this study (Figure 1).

References


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