

MESSAGE FROM THE EDITOR-IN-CHIEF



Nursing & Health Sciences Research Journal

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WELCOME to NHSRJ



Nohemi Sadule-Rios, Ph.D., ARNP
Nurse Scientist,
South Miami Hospital,
Baptist Health South Florida
Miami, FL, US
NohemiS@baptisthealth.net

Welcome to the inaugural issue of *Nursing & Health Sciences Research Journal*. Unlike other publications of this type, *Nursing & Health Sciences Research Journal* originated in a healthcare system. This journal was developed by nurses and is led by nurse scientists from Magnet® Recognized Hospitals.

Nursing & Health Sciences Research Journal is published by the Baptist Health South Florida (BHSF) Nursing & Health Sciences Research Department. The journal focuses on highlighting discoveries and outcomes from innovative research, evidence-based practice, and performance improvement projects conducted by frontline nurses and healthcare providers. The articles included in this publication are peer-reviewed and written by leaders of change and improvement efforts, transforming care at the bedside.

As hospitals face multiple challenges and healthcare becomes increasingly complex, *Nursing & Health Sciences Research Journal* offers the support of experienced authors, a non-intimidating process, and publishing resources to empower bedside nurses and hospital providers to disseminate groundbreaking new practices beyond their units and facilities.

Executive Editor Michelle Kirgan, Director of the Nursing & Health Sciences Research Department at Baptist Health South Florida, and Director of Nursing Services at South Miami Hospital, is the visionary behind this publication.

I wanted to create an avenue for our nurses to publish their work with the help of nurse scientists in a nurturing environment for novice writers. For

years our nurse scientists have mentored bedside nurses contributing to the advancement of research in the hospitals. This journal provides a unique forum in which they can disseminate this knowledge to the field.

This journal is possible thanks to the collaborative efforts of BHSF librarians, design editor, and our editors. Our editors represent various sectors of health care delivery and higher education. Each one of them brings unique knowledge, publishing experience, and a diverse set of skills that adds to their valuable contribution. A special thanks to our authors who have worked so diligently with us to share their creative and thought-provoking studies in our first issue. We also express our highest appreciation to our BHSF Chief Nursing Officers who whole

heartedly support and encourage nurses to make a difference through research that impacts patient care.

Nearly a year has passed since the initial efforts to start this journal. We are proud to introduce our inaugural issue and the beginning, we hope, of a new wave of evidence—one that will convey innovative and viable solutions to address complex healthcare issues.

As the Editor-in-Chief, I aspire to develop a platform for our frontline healthcare workforce to expand research into new directions of inquiry, exploration, creativity, and collaboration breaking new frontiers in patient care.

Sincerely,
Nohemi Sadule-Rios, PhD, ARNP
Editor-in-Chief