

Baptist Health South Florida

Scholarly Commons @ Baptist Health South Florida

BHSF Cohort 5 EBP Showcase

BHSF RN Residency

7-2021

Reducing Nurse to Patient Ratio

Cristina Mastache

Baptist Hospital of Miami, Cristina.Mastache@baptisthealth.net

Christina Neal

Baptist Hospital of Miami, ChristinaNe@baptisthealth.net

Christy Espinosa

Baptist Hospital of Miami, ChristyE@baptisthealth.net

Gabriela Milanes

Baptist Hospital of Miami, Gabriela.Milanes@baptisthealth.net

Ivan Mendieta

Baptist Hospital of Miami, Ivan.Mendieta@baptisthealth.net

See next page for additional authors

Follow this and additional works at: <https://scholarlycommons.baptisthealth.net/cohort-5-ebp-showcase>

Recommended Citation

Mastache, Cristina; Neal, Christina; Espinosa, Christy; Milanes, Gabriela; Mendieta, Ivan; Rodriguez, Mayori; Rivera, Mikaela; Arenas, Nadinne; Chauvet, Patricia; Nieto, Sinai; and Woodard, Lasha, "Reducing Nurse to Patient Ratio" (2021). *BHSF Cohort 5 EBP Showcase*. 21.

<https://scholarlycommons.baptisthealth.net/cohort-5-ebp-showcase/21>

This Flyer is brought to you for free and open access by the BHSF RN Residency at Scholarly Commons @ Baptist Health South Florida. It has been accepted for inclusion in BHSF Cohort 5 EBP Showcase by an authorized administrator of Scholarly Commons @ Baptist Health South Florida. For more information, please contact Carrief@baptisthealth.net.

Authors

Cristina Mastache, Christina Neal, Christy Espinosa, Gabriela Milanes, Ivan Mendieta, Mayori Rodriguez, Mikaela Rivera, Nadinne Arenas, Patricia Chauvet, Sinai Nieto, and Lasha Woodard

References:

American Nurses Association. (2015) Nurse Staffing. Retrieved from: <https://www.nursingworld.org/practice-policy/nurse-staffing/nurse-staffing-advocacy/>

Gómez-Urquiza, J. L., Aneas-López, A. B., De la Fuente-Solana, E. I., Albendín-García, L., Díaz-Rodríguez, L., & Cañadas-De la Fuente, G. A. (2016). Prevalence, Risk Factors, and Levels of Burnout Among Oncology Nurses: A Systematic Review. *Oncology Nursing Forum*, 43(3), E104–E120. <https://doi.org/10.1188/16.ONF.E104-E120>

Gutsan, E., Patton, J., Willis, W.K., & Coustasse-Hencke A. (2018, April). “Burnout syndrome and nurse-to-patient ratio in the workplace.” Presented at the 54th Annual MBAA Conference, Chicago, IL.

Guideway Care. (2020, February 12). 6 Strategies for Decreasing Nurse Burnout. <https://guidewaycare.com/6-strategies-for-decreasing-nurse-burnout/>.

King University Online. (2019, December 5). *Nurse-to-Patient Ratio: How Many is Too Many?* LNC.

[https://www.nursingcenter.com/ncblog/december-2019/nurse-patient-ratio#:~:text=A%20study%20published%20in%20Medical,et%20al.%2C%202009\).](https://www.nursingcenter.com/ncblog/december-2019/nurse-patient-ratio#:~:text=A%20study%20published%20in%20Medical,et%20al.%2C%202009).)

World Health Organization, “Burn-out an “occupational phenomenon””: International Classification of Diseases,” May 28, 2019: https://www.who.int/mental_health/evidence/burn-out/en/

